

It's Difficult

In great fear and distress Jacob divided the people who were with him into two groups,[c] and the flocks and herds and camels as well.

-Genesis 32:7



It Takes Humility and Courage

So Jacob called the place Peniel, saying, "It is because I saw God face to face, and yet my life was spared."

-Genesis 3:30



Fear Keeps Us From It

He himself went on ahead and bowed down to the ground seven times as he approached his brother.

But Esau ran to meet Jacob and embraced him; he threw his arms around his neck and kissed him. And they wept.

-Genesis 33:3-4



It Leads Us To Healing

"If I have found favor in your eyes, accept this gift from me. For to see your face is like seeing the face of God, now that you have received me favorably. Please accept the present that was brought to you, for God has been gracious to me and I have all I need." And because Jacob insisted, Esau accepted it.

-Genesis 33:10-11



